

Posn	Name	Overall Time	Swim	T1	Bike	T2	Run + Total Time
1	Iain Gillam Rugby & Northampton Ac	02:09:16	23:06(4)	23:44(2) 00:38(6)	1:25:53(1) 1:02:09(1)	1:26:20(1) 00:27(4)	02:09:16 42:56(9)
2	Jordan Simmons Northants Tri	02:10:38	19:29(1)	20:25(1) 00:56(13)	1:31:29(5) 1:11:04(20)	1:32:07(4) 00:38(18)	02:10:38 38:31(2)
3	Andrew Fuller Team Milton Keynes	02:13:01	22:50(3)	23:46(3) 00:56(13)	1:29:01(2) 1:05:15(3)	1:29:32(2) 00:31(5)	02:13:01 43:29(11)
4	Alex Bruce Nuneaton Triathlon Club	02:15:30	26:25(15)	27:45(13) 01:20(31)	1:34:43(7) 1:06:58(6)	1:35:33(7) 00:50(33)	02:15:30 39:57(3)
5	Matthew Clarke Team Milton Keynes	02:15:46	26:19(13)	28:53(24) 02:34(77)	1:36:25(10) 1:07:32(8)	1:37:42(14) 01:17(72)	02:15:46 38:04(1)
6	Mark Gray Welland Valley Tri Club	02:16:30	23:12(5)	24:35(5) 01:23(33)	1:29:58(3) 1:05:23(4)	1:31:26(3) 01:28(88)	02:16:30 45:04(16)
7	Rob Hammond Pactrac	02:18:02	24:13(7)	24:49(7) 00:36(2)	1:33:48(6) 1:08:59(13)	1:34:21(6) 00:33(8)	02:18:02 43:41(12)
8	Paul Birch Rugby & Northampton Ac	02:18:56	26:20(14)	27:44(12) 01:24(35)	1:36:44(13) 1:09:00(14)	1:37:34(13) 00:50(33)	02:18:56 41:22(5)
9	Nick Gallimore -	02:19:13	27:27(22)	28:35(22) 01:08(24)	1:36:19(9) 1:07:44(9)	1:36:54(9) 00:35(11)	02:19:13 42:19(7)
10	Martyn & Matt Lever, Matt Bumford Relay	02:22:34	29:14(52)	29:50(34) 00:36(2)	1:36:42(12) 1:06:52(5)	1:37:00(10) 00:18(1)	02:22:34 45:34(18)
11	Rob Riddell Rugby Triathlon	02:23:37	27:30(23)	28:21(19) 00:51(10)	1:36:39(11) 1:08:18(10)	1:37:16(11) 00:37(14)	02:23:37 46:21(21)
12	Jon Overman Northants Tri	02:23:40	26:36(17)	27:30(9) 00:54(11)	1:37:34(15) 1:10:04(18)	1:38:13(15) 00:39(20)	02:23:40 45:27(17)
13	Paul Watts Northants Tri	02:24:02	28:23(32)		1:43:02(25) 1:43:02(96)	1:43:40(25) 00:38(18)	02:24:02 40:22(4)
14	Stu Wright Planet X	02:24:34	26:44(19)	27:53(14) 01:09(25)	1:31:21(4) 1:03:28(2)	1:32:10(5) 00:49(31)	02:24:34 52:24(55)
15	Chris Brennan Pactrac	02:24:51	28:07(27)	29:05(25) 00:58(17)	1:37:43(17) 1:08:38(12)	1:38:20(16) 00:37(14)	02:24:51 46:31(23)
16	Darrel Holt -	02:25:41	27:17(21)	28:26(21) 01:09(25)	1:36:49(14) 1:08:23(11)	1:37:28(12) 00:39(20)	02:25:41 48:13(31)
17	Steve Giles Pactrac	02:25:49	33:29(75)	34:23(65) 00:54(11)	1:43:30(26) 1:09:07(15)	1:44:05(26) 00:35(11)	02:25:49 41:44(6)
18	Marc Humphrey Ntri	02:26:04	26:41(18)	28:21(19) 01:40(44)	1:41:22(21) 1:13:01(24)	1:42:20(22) 00:58(50)	02:26:04 43:44(13)
19	Alex Quibell -	02:26:10	27:15(20)	28:02(16) 00:47(7)	1:40:53(19) 1:12:51(23)	1:41:27(19) 00:34(10)	02:26:10 44:43(14)
20	Jonny Wilkinson -	02:27:40	26:17(11)	27:32(10) 01:15(28)	1:41:00(20) 1:13:28(26)	1:41:51(20) 00:51(36)	02:27:40 45:49(20)
21	Dean Browning -	02:29:12	26:31(16)	28:14(18) 01:43(47)	1:37:39(16) 1:09:25(16)	1:39:07(17) 01:28(88)	02:29:12 50:05(43)
22	Michael Wheeler -	02:30:04	28:26(33)	29:45(33) 01:19(30)	1:39:37(18) 1:09:52(17)	1:40:10(18) 00:33(8)	02:30:04 49:54(42)
23	Alex Garner -	02:30:33	36:42(92)	37:32(79) 00:50(9)	1:45:02(32) 1:07:30(7)	1:45:39(31) 00:37(14)	02:30:33 44:54(15)
24	David Yarnall Wellingbrough & District Ac	02:30:38	28:36(36)	29:59(37) 01:23(33)	1:46:40(41) 1:16:41(40)	1:47:30(39) 00:50(33)	02:30:38 43:08(10)
25	Cath Weiss Baines Racing	02:31:21	23:42(6)	24:39(6) 00:57(16)	1:35:35(8) 1:10:56(19)	1:36:31(8) 00:56(44)	02:31:21 54:50(66)
26	John Hearn Leighton Buzzard Tri	02:31:37	26:10(10)	27:38(11) 01:28(36)	1:41:29(22) 1:13:51(27)	1:42:25(23) 00:56(44)	02:31:37 49:12(39)
27	Jon Kemp Wellingbrough & District Ac	02:31:48	25:03(8)	28:03(17) 03:00(88)	1:48:18(48) 1:20:15(51)	1:49:13(48) 00:55(42)	02:31:48 42:35(8)
28	Brian Haycock Rugby Triathlon	02:32:39	26:17(11)	28:00(15) 01:43(47)	1:43:56(28) 1:15:56(35)	1:45:28(30) 01:32(94)	02:32:39 47:11(27)
29	Patrick O'malley -	02:32:56	28:55(44)	30:30(40) 01:35(42)	1:45:30(33) 1:15:00(30)	1:46:29(33) 00:59(51)	02:32:56 46:27(22)

30	Steve Bonsell Body Limits Transition	02:34:08	29:08(48)		1:44:44(31) 1:44:44(99)	1:45:43(32) 00:59(51)	48:25(34)	02:34:08
31	Phil Ledington Royal Navy Triathlon	02:34:45	32:15(71)		1:46:59(45) 1:46:59(101)	1:48:03(44) 01:04(60)	46:42(25)	02:34:45
32	Simon Woodward -	02:35:14	21:59(2)	24:09(4) 02:10(70)	1:45:52(34) 1:21:43(63)	1:47:20(38) 01:28(88)	47:54(28)	02:35:14
33	Dylan Bogg -	02:35:18	28:44(40)	30:50(44) 02:06(66)	1:46:01(36) 1:15:11(32)	1:46:55(35) 00:54(40)	48:23(33)	02:35:18
34	Guy Bibby Stoneygate Rfc	02:35:27	28:39(38)	29:55(35) 01:16(29)	1:41:47(23) 1:11:52(21)	1:42:41(24) 00:54(40)	52:46(58)	02:35:27
35	Roz Giles Pactrac	02:36:26	28:14(30)	28:51(23) 00:37(5)	1:44:00(29) 1:15:09(31)	1:44:32(27) 00:32(6)	51:54(50)	02:36:26
36	Richard Evans -	02:36:40	28:47(41)	29:43(32) 00:56(13)	1:46:32(38) 1:16:49(41)	1:47:19(37) 00:47(25)	49:21(40)	02:36:40
37	John Pope -	02:36:43	30:58(63)	32:46(57) 01:48(50)	1:46:53(43) 1:14:07(28)	1:47:44(43) 00:51(36)	48:59(38)	02:36:43
38	Simon Shaw -	02:37:07	29:56(58)	31:27(49) 01:31(38)	1:45:55(35) 1:14:28(29)	1:46:57(36) 01:02(57)	50:10(44)	02:37:07
39	Neil Key Ntri	02:37:18	28:57(45)		1:43:47(27) 1:43:47(97)	1:44:48(28) 01:01(56)	52:30(56)	02:37:18
40	Peter Nelson Ntri	02:37:44	29:59(59)	32:06(50) 02:07(68)	1:48:25(49) 1:16:19(37)	1:49:10(47) 00:45(24)	48:34(36)	02:37:44
41	Mark Garlick Northants Tri	02:37:49	29:11(51)	30:43(43) 01:32(39)	1:47:36(46) 1:16:53(42)	1:48:23(46) 00:47(25)	49:26(41)	02:37:49
42	Jennifer Moffat Northants Tri	02:38:11	28:12(29)	29:11(26) 00:59(18)	1:44:29(30) 1:15:18(33)	1:45:25(29) 00:56(44)	52:46(58)	02:38:11
43	Robin Johnston -	02:40:26	28:28(34)	29:35(30) 01:07(23)	1:46:41(42) 1:17:06(43)	1:47:38(41) 00:57(49)	52:48(60)	02:40:26
44	Neil Beckingham Ketton Panthers	02:41:09	29:33(56)	32:28(53) 02:55(86)	1:48:05(47) 1:15:37(34)	1:49:13(48) 01:08(67)	51:56(51)	02:41:09
45	Gareth Caulfield -	02:41:22	28:52(43)		1:46:16(37) 1:46:16(100)	1:47:42(42) 01:26(86)	53:40(63)	02:41:22
46	Nicola Holden Ntri	02:41:30	28:15(31)		1:48:25(49) 1:48:25(102)	1:49:14(50) 00:49(31)	52:16(53)	02:41:30
47	Thomas Yates -	02:41:38	31:09(64)	32:12(52) 01:03(20)	1:52:51(57) 1:20:39(54)	1:53:28(56) 00:37(14)	48:10(30)	02:41:38
48	Vicki & Adrian Jessop, Stuart Morgan Relay	02:42:25	32:45(72)	33:20(62) 00:35(1)	1:46:32(38) 1:13:12(25)	1:46:54(34) 00:22(3)	55:31(68)	02:42:25
49	Martin Candish Stamford Tri Club	02:42:45	29:23(55)		1:53:02(60) 1:53:02(105)	1:53:49(58) 00:47(25)	48:56(37)	02:42:45
50	Hannah Spriggs -	02:43:04	31:15(66)	33:05(59) 01:50(54)	1:53:48(62) 1:20:43(56)	1:54:36(62) 00:48(30)	48:28(35)	02:43:04
51	Tony Huxley Wilbarston Wobblers	02:43:05	34:04(81)	37:16(76) 03:12(92)	1:53:56(64) 1:16:40(39)	1:55:05(63) 01:09(68)	48:00(29)	02:43:05
52	Nic Huntley-Welsenaer -	02:43:27	28:34(35)	30:32(41) 01:58(62)	1:49:23(53) 1:18:51(45)	1:51:04(53) 01:41(96)	52:23(54)	02:43:27
53	Brian Weetman -	02:43:40	28:08(28)	29:21(28) 01:13(27)	1:48:38(51) 1:19:17(46)	1:49:18(51) 00:40(22)	54:22(65)	02:43:40
54	Shayne Wright Firstendurance.co.uk	02:43:43	28:49(42)	30:40(42) 01:51(55)	1:46:54(44) 1:16:14(36)	1:48:17(45) 01:23(81)	55:26(67)	02:43:43
55	Dan Waller, Mark May & Andy Stott Relay	02:44:22	28:41(39)	29:17(27) 00:36(2)	1:41:52(24) 1:12:35(22)	1:42:12(21) 00:20(2)	1:02:10(85)	02:44:22
56	Stuart Neal -	02:45:16	29:02(46)	30:08(38) 01:06(22)	1:46:39(40) 1:16:31(38)	1:47:35(40) 00:56(44)	57:41(73)	02:45:16
57	Neil Mcdonald Wellingbrough & District Ac	02:45:31	33:51(78)	36:54(73) 03:03(89)	1:58:30(74) 1:21:36(62)	1:59:52(74) 01:22(80)	45:39(19)	02:45:31
58	Ben Cripps -	02:45:33	29:16(53)	31:22(48) 02:06(66)	1:51:32(55) 1:20:10(49)	1:52:35(55) 01:03(59)	52:58(61)	02:45:33
59	Neil Mattinson Wellingbrough & District Ac	02:45:59	27:56(26)	31:20(47) 03:24(95)	1:52:00(56) 1:20:40(55)	1:53:29(57) 01:29(92)	52:30(56)	02:45:59
60	Jake Rudkin-Wilson -	02:46:00	29:35(57)	32:41(56) 03:06(90)	1:53:33(61) 1:20:52(57)	1:54:08(61) 00:35(11)	51:52(49)	02:46:00
61	Andy Mackintosh, David & Mark Quibell	02:47:13	31:20(67)	32:09(51)	2:00:00(77)	2:00:32(75)		02:47:13

	Relay			00:49(8)	1:27:51(80)	00:32(6)	46:41(24)	
62	Graham Hollowell Wootton Road Runners	02:48:22	36:48(94)	38:55(87) 02:07(68)	2:00:15(79) 1:21:20(61)	2:01:36(79) 01:21(77)	46:46(26)	02:48:22
63	Hollie Craddock Chiltern Tri	02:48:32	27:53(25)	29:58(36) 02:05(65)	1:48:48(52) 1:18:50(44)	1:49:32(52) 00:44(23)	59:00(78)	02:48:32
64	Nick Hughes -	02:49:03	31:10(65)	32:58(58) 01:48(50)	1:57:34(72) 1:24:36(73)	1:58:21(70) 00:47(25)	50:42(46)	02:49:03
65	Ross Faulkner -	02:49:31	28:37(37)	29:42(31) 01:05(21)	1:50:15(54) 1:20:33(53)	1:51:22(54) 01:07(64)	58:09(75)	02:49:31
66	Mark Harrap -	02:49:54	33:31(77)	36:12(70) 02:41(79)	1:57:20(71) 1:21:08(60)	1:58:31(71) 01:11(70)	51:23(47)	02:49:54
67	Mark Lee -	02:50:30	34:14(83)	37:08(75) 02:54(85)	2:00:46(80) 1:23:38(67)	2:02:15(80) 01:29(92)	48:15(32)	02:50:30
68	George Shipman Wellingbrough & District Ac	02:51:23	31:45(70)	33:46(64) 02:01(64)	1:56:55(70) 1:23:09(64)	1:57:54(68) 00:59(51)	53:29(62)	02:51:23
69	Liisa Janov Ntri	02:52:17	31:38(69)	33:12(61) 01:34(41)	1:53:01(59) 1:19:49(48)	1:54:01(60) 01:00(54)	58:16(76)	02:52:17
70	Paul Harvey -	02:52:34	27:35(24)	29:29(29) 01:54(58)	1:53:50(63) 1:24:21(70)	1:55:15(64) 01:25(84)	57:19(72)	02:52:34
71	Adam Herring -	02:52:57	36:51(96)	39:21(90) 02:30(74)	1:59:35(76) 1:20:14(50)	2:00:44(76) 01:09(68)	52:13(52)	02:52:57
72	Darren Cope -	02:55:11	33:10(73)	34:58(66) 01:48(50)	1:54:23(65) 1:19:25(47)	1:55:29(65) 01:06(63)	59:42(81)	02:55:11
73	Adam Gray East Grinstead Tri Club	02:57:16	33:57(79)	35:51(69) 01:54(58)	2:00:13(78) 1:24:22(71)	2:01:29(78) 01:16(71)	55:47(70)	02:57:16
74	Julia Trapp -	02:57:17	29:19(54)	30:52(45) 01:33(40)	1:55:29(67) 1:24:37(74)	1:56:36(67) 01:07(64)	1:00:41(84)	02:57:17
75	Graham Yates -	02:57:35	30:01(60)	32:28(53) 02:27(73)	2:06:20(89) 1:33:52(90)	2:07:25(88) 01:05(61)	50:10(44)	02:57:35
76	Ryan Jones -	02:57:50	36:22(90)	39:00(88) 02:38(78)	2:04:56(85) 1:25:56(77)	2:06:16(86) 01:20(75)	51:34(48)	02:57:50
77	Vivienne Gibbons Wootton Road Runners	02:58:09	30:19(61)	33:06(60) 02:47(81)	1:56:48(69) 1:23:42(68)	1:58:35(72) 01:47(100)	59:34(80)	02:58:09
78	Matthew Emery -	02:58:32	25:25(9)	27:04(8) 01:39(43)	1:52:58(58) 1:25:54(76)	1:53:53(59) 00:55(42)	1:04:39(88)	02:58:32
79	Colin Dillon-Davies -	03:00:06	36:07(87)	38:04(83) 01:57(61)	2:01:31(82) 1:23:27(65)	2:03:38(82) 02:07(103)	56:28(71)	03:00:06
80	Jason Ross -	03:00:57	29:07(47)	31:01(46) 01:54(58)	1:59:03(75) 1:28:02(83)	2:00:54(77) 01:51(101)	1:00:03(82)	03:00:57
81	Samantha Rankin Leicester Triathlon Club	03:01:07	29:08(48)	30:08(38) 01:00(19)	1:54:52(66) 1:24:44(75)	1:55:59(66) 01:07(64)	1:05:08(90)	03:01:07
82	Dafydd Prichard -	03:03:12	41:35(102)	43:35(92) 02:00(63)	2:08:00(94) 1:24:25(72)	2:08:51(92) 00:51(36)	54:21(64)	03:03:12
83	Neil Bond -	03:04:26	33:30(76)	35:44(68) 02:14(71)	1:56:41(68) 1:20:57(59)	1:58:04(69) 01:23(81)	1:06:22(94)	03:04:26
84	Stephen Taylor Team Mk	03:05:16	36:35(91)	37:55(80) 01:20(31)	2:01:24(81) 1:23:29(66)	2:02:26(81) 01:02(57)	1:02:50(86)	03:05:16
85	Andrew Snead -	03:07:10	30:45(62)	33:36(63) 02:51(83)	2:06:45(90) 1:33:09(89)	2:08:03(90) 01:18(73)	59:07(79)	03:07:10
86	Stuart Matthews -	03:09:27	37:27(97)	39:19(89) 01:52(57)	2:10:36(95) 1:31:17(87)	2:11:32(95) 00:56(44)	57:55(74)	03:09:27
87	Jeff Green Welland Valley Tri Club	03:11:22	35:45(85)	37:28(78) 01:43(47)	1:57:50(73) 1:20:22(52)	1:59:44(73) 01:54(102)	1:11:38(104)	03:11:22
88	Simon Johnson -	03:12:26	38:06(98)	42:52(91) 04:46(100)	2:06:51(91) 1:23:59(69)	2:07:42(89) 00:51(36)	1:04:44(89)	03:12:26
89	Andrew Medcalfe Corby Tri	03:12:27	34:07(82)	36:31(71) 02:24(72)	2:05:17(87) 1:28:46(84)	2:06:04(84) 00:47(25)	1:06:23(95)	03:12:27
90	Alan Spencer Corby Tri	03:12:28	36:48(94)	38:37(86) 01:49(53)	2:04:46(83) 1:26:09(78)	2:06:07(85) 01:21(77)	1:06:21(93)	03:12:28

91	Glyn Bailey -	03:12:42	35:53(86)	38:23(85) 02:30(74)	2:04:48(84) 1:26:25(79)	2:05:48(83) 01:00(54)	1:06:54(96)	03:12:42
92	Alan Carberry -	03:12:43	34:03(80)	37:21(77) 03:18(93)	2:05:12(86) 1:27:51(80)	2:06:58(87) 01:46(99)	1:05:45(91)	03:12:43
93	Sue Bowling -	03:13:18	36:20(89)	38:00(82) 01:40(44)	2:07:55(93) 1:29:55(86)	2:09:23(94) 01:28(88)	1:03:55(87)	03:13:18
94	Ray Chessum -	03:17:00	55:58(107)	58:53(100) 02:55(86)	2:19:48(100) 1:20:55(58)	2:21:15(100) 01:27(87)	55:45(69)	03:17:00
95	Alexandra Colotto -	03:19:21	36:18(88)	37:58(81) 01:40(44)	2:07:19(92) 1:29:21(85)	2:08:39(91) 01:20(75)	1:10:42(103)	03:19:21
96	Andy Zanusso -	03:20:36	36:43(93)	38:12(84) 01:29(37)	2:06:07(88) 1:27:55(82)	2:08:52(93) 02:45(106)	1:11:44(105)	03:20:36
97	Jurand Zardecki Jurand	03:22:11	40:40(101)	43:46(93) 03:06(90)	2:21:45(101) 1:37:59(93)	2:23:53(101) 02:08(104)	58:18(77)	03:22:11
98	Mark Sainsbury -	03:25:53	39:45(99)	44:26(94) 04:41(99)	2:17:03(99) 1:32:37(88)	2:18:26(99) 01:23(81)	1:07:27(98)	03:25:53
99	Kelly Bateman -	03:26:28	33:10(73)	36:45(72) 03:35(96)	2:15:06(98) 1:38:21(94)	2:16:48(98) 01:42(97)	1:09:40(100)	03:26:28
100	Carl Ward Ely Tri Club	03:29:33	29:10(50)	32:32(55) 03:22(94)	2:13:28(97) 1:40:56(95)	2:15:52(97) 02:24(105)	1:13:41(106)	03:29:33
101	Linda Carter -	03:30:27	40:37(100)	44:49(97) 04:12(98)	2:28:39(104) 1:43:50(98)	2:30:18(104) 01:39(95)	1:00:09(83)	03:30:27
102	Gabi Schaetzlein -	03:33:25	31:26(68)	35:27(67) 04:01(97)	2:10:45(96) 1:35:18(91)	2:13:50(96) 03:05(107)	1:19:35(107)	03:33:25
103	Emily Campbell -	03:35:21	48:10(106)	50:51(99) 02:41(79)	2:26:40(102) 1:35:49(92)	2:28:23(102) 01:43(98)	1:06:58(97)	03:35:21
104	Val Playdon -	03:38:26	35:07(84)	36:58(74) 01:51(55)	2:28:15(103) 1:51:17(104)	2:29:20(103) 01:05(61)	1:09:06(99)	03:38:26
105	Ebru Sezen -	03:44:21	46:01(105)	48:31(98) 02:30(74)	2:37:07(105) 1:48:36(103)	2:38:32(105) 01:25(84)	1:05:49(92)	03:44:21
106	Lorna Dix -	03:52:45	41:37(103)	44:28(95) 02:51(83)	2:40:52(107) 1:56:24(107)	2:42:10(106) 01:18(73)	1:10:35(102)	03:52:45
107	Becky Felgate -	03:52:46	41:39(104)	44:29(96) 02:50(82)	2:40:51(106) 1:56:22(106)	2:42:12(107) 01:21(77)	1:10:34(101)	03:52:46
	Matthew Glenn -		21:34(2)	22:49(2) 01:15(30)	1:33:08(6) 1:10:19(19)	1:33:40(6) 00:32(6)		
	Julia Weatherill -		44:26(111)	47:32(102) 03:06(94)	2:40:22(108) 1:52:50(107)	2:43:08(109) 02:46(108)		
	Wootton Road Runners Jonathan Fenton -		33:23(79)	34:43(68) 01:20(34)	2:03:47(84) 1:29:04(86)			
	Antonio Fischer -		27:55(27)	28:46(24) 00:51(10)	1:37:15(15) 1:08:29(11)			
	Will / Michael & Thomas Platt -		34:30(89)	35:27(70)				
	Relay -			00:57(17)				
	Ian Brookes David Lloyd Redway Runners -		31:10(68)					
	Gavin Fowler -		28:10(31)					
	Gavin Fowler -		28:10(31)					